

ROLLA

FINS

SWIM CLUB



a USA swimming program to train future competitive swimmers in competitive strokes, turning & diving

2018 SHORT COURSE CLINIC & TRYOUTS

- come & learn about the team -

register at www.teamunify.com/morfsc

Aug. 27-31 at Missouri S&T Pool

705 W. 10th Street, Rolla, MO 65409 (inside Gale Bullman Building)

One parent MUST be present for the full time on ALL nights of the Clinic/Tryout.
Swimmers not quite ready for a team will receive recommendations for improvement.
Swimmers recommended to a team will receive additional information on final day.

8&U CLINIC & TRYOUTS

Aug. 28 & 30 – 5:45-6:45 p.m.

AGE GROUP CLINIC & TRYOUTS

Aug. 27, 29, 31 – 5:45-7:30 p.m.

SENIORS CLINIC & TRYOUTS

Aug. 27-31 – 5:45-7:30 p.m.

8&U Swim Team

- age 8 or younger on 3/20/2019
- Independent in the water
- Excited about swimming
- Basic lessons recommended, but not required
- 16 swimmer max on this team
- Practices Tuesdays & Thursdays, 5:45-6:45 p.m.
- Participate in 3-4 meets
- Season Cost: \$500 plus meet fees and personal practice gear

Age Group Swim Team

- ages 9-12 on 3/20/2019
- Must be able to swim at least 25 yards without stopping
- Knowledge and attempt of the competitive strokes
- Previous lessons/experience recommended
- Practices MWF, 5:45-7:30 p.m.
- Participate in monthly meets
- Season Cost: \$600 plus meet fees and personal practice gear

Seniors Swim Team

- ages 13-18 on 3/20/2019
- Must be able to swim at least 100 yards without stopping
- Must be able to swim all four of the competitive strokes
- Previous lessons/experience highly recommended
- Practices M-F, 5:45-7:30 p.m.
- Participate in monthly meets
- Season Cost: \$700 plus meet fees and personal practice gear

ADMIN NOTES: Short Course Season runs September 2018 through March 2019. Membership/Registration fees payable in lump sum, installments or monthly. If selected to a team, a \$200 registration fee will be required at the mid-September parent meeting. Personal practice gear consists of competitive style suits, caps and goggles. All teams practice at Missouri S&T Pool.

For more information, contact Rolla Fins Swim Club at rollafins@gmail.com or Mary Helen Stoltz at 573-201-4093